

JUNE 2026

**YOGA CAMP REQUIRES REGISTRATION
Ages 12-17

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 Pilates 8am	1 Chair Yoga 3:30pm Slow Flow 5pm Heated Power 6:30pm	2 Yoga Flow 6pm Heated Pilates 7:30pm	3 Hot Yoga 10am	4 Power Yoga 6:30pm	5 Gentle Flow 6:30pm	6 NO CLASS
7 Pilates 8am	8 Chair Yoga 3:30pm Slow Flow 5pm Heated Power 6:30pm	9 **Yoga Camp 11am Yoga Flow 6pm Heated Pilates 7:30pm	10 Hot Yoga 10am Chill & Flow 6:30pm	11 Power PRIMAL Yoga 6:30pm	12 Gentle Flow 6:30pm	13 Hot Yoga 7:30am Hot Yoga 9am
14 Pilates 8am Heated Level II Flow 10am	15 Chair Yoga 3:30pm Slow Flow 5pm Heated Power 6:30pm	16 **Yoga Camp 11am Yoga Flow 6pm Heated Pilates 7:30pm	17 Hot Yoga 10am Chill & Flow 6:30pm	18 Power Yoga 6:30pm	19 Gentle Flow 6:30pm	20 Hot Yoga 9am
21 Pilates 8am	22 Chair Yoga 3:30pm Slow Flow 5pm Heated Power 6:30pm	23 **Yoga Camp 11am Yoga Flow 6pm Heated Pilates 7:30pm	24 Hot Yoga 10am Chill & Flow 6:30pm	25 Power SWORD Yoga 6:30pm	26 Gentle Flow 6:30pm	27 Hot Yoga 7:30am Hot Yoga 9am
28 Reiki Sound Bath 5pm	29 Chair Yoga 3:30pm Slow Flow 5pm Heated Power 6:30pm	30 **Yoga Camp 11am Yoga Flow 6pm Heated Pilates 7:30pm	1	2	3	4